

# A Review on Medication Prescribed for Pakkavadham in Selected Classical Siddha Literatures on May 2018 to August 2018.

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## ABSTRACT

The disease pakkavadham which is more correlated with modernly diagnosed hemiplegia is only manageable but not completely cured one. Lack of knowledge or less awareness of siddha literatures fading the shine of our system. Because the core concept of siddha system is healing a disease by its root cause. Siddhars gifted us a lot of medicinal treasures to treat human illness. More classical siddha literatures describes about various medications/precautions that should be followed for safe and healthy care on pakkavadham. However not detailed comparative analysis of these texts done in present time. Hence a comparative analysis in the selected siddha classical text books with respect to pakkavatham care may help in better understanding and improvement of the current status.

**Keywords :** Siddha Pakkavadham 80 Vadha disease, Paarishavayu, Paksha vayu.

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## Introduction

The word hemiplegia means Hemi-half, plegia - paralysis. Hemiplegia is a form of paralysis affects just one side of the body. Often just one arm and one leg but occasionally with symptoms extending partially into the toes. Hemiplegia may come on suddenly or develop slowly over time. a condition related to hemiplegia. Spastic hemiplegia causes the muscles to get stuck in a contraction resulting in little muscle control, chronic muscle pain, and unpredictable movements. The course of hemiplegia is highly variable and heavily dependent on the course. For many people with hemiplegia the condition is a temporary one but others may struggle with hemiplegia for the rest of their life. The paralysis is extensive and complete producing total loss of sensation and body control, In Modern medicine there is no single treatment approach that works all people. Instead treatment is largely dependent on the cause of hemiplegia. Some treatments are thrombolytic drugs, antibiotics. Muscle relaxant drugs, surgery, physical

exercise therapy, psychotherapy. However these medications and surgical procedures are having some limitations and side effects and cost was more expensive. so in this condition my focus to determine never siddha drugs to cure hemiplegia. In siddha system of medicine hemiplegic is treated in siddha medicine various forms of internal (parpam, chenduram, chunnai, mathirai, kuzhambu, melugu, choornam, or external (Thailam) medicines.

## SIDDHA MEDICINES INDICATED FOR HEMIPLEGIA

Pakkavadham come under 80 types of vadh disease. Another name is parisha vayu, paksha vayu Siddha consists of many formulations. Such as single drug, poly herbal, herbal-mineral, mineral compound formulations and external therapies to treat the hemiplegia which has been mentioned in ancient literature such as.

ID	BOOK NAME	PG.NO.	FORM OF MEDICINE	MEDICINE NAME	TYPE OF INGREDIENTS	MODE OF ADMINISTRATION
1	Anuboga vaithiya bramma ragasiyam - I, K.S.Kuppusamy Mudaliyar	53,54	Mezhugu	Vatha marutha mezhugu	Herbo mineral	Internal
1	Anuboga vaithiya bramma ragasiyam - I, K.S.Kuppusamy Mudaliyar	56	Legium	Chukku legium	Poly herbal	Internal
1	Anuboga vaithiya bramma ragasiyam - I, K.S.Kuppusamy Mudaliyar	99,100	Mathirai	Mahavatha moosambara mezhugu	Herbo mineral	Internal
1	Anuboga vaithiya bramma ragasiyam - I, K.S.Kuppusamy Mudaliyar	109	Kulambu	Veer kulambu	Herbo mineral	Internal
1	Anuboga vaithiya bramma ragasiyam - I, K.S.Kuppusamy Mudaliyar	110	Chenduram	Sanda maruthua chenduram	Herbo mineral	Internal
1	Anuboga vaithiya bramma ragasiyam - I, K.S.Kuppusamy Mudaliyar	110,111	Chenduram	Pancha paana chenduram	Herbo mineral	Internal
2	Anuboga vaithiya bramma ragasiyam - IV, K.S.Kuppusamy Mudaliyar	218-220	Thylam	Sothirishithylam	Herbo mineral	Internal & External
2	Anuboga vaithiya bramma ragasiyam - IV, K.S.Kuppusamy Mudaliyar	243	Thylam	Deepakini thylam	Mineral	Internal
3	Anuboga vaithiya bramma ragasiyam - VI, K.S.Kuppusamy Mudaliyar	337	Mathirai	Soodamani mathirai	Herbo mineral	Internal
3	Anuboga vaithiya bramma ragasiyam - VI, K.S.Kuppusamy Mudaliyar	338	Mathirai	Chandrodaya Kuligai	Herbo mineral	Internal
3	Anuboga vaithiya bramma ragasiyam - VI, K.S.Kuppusamy Mudaliyar	341	Mathirai	Bairava mathirai	Herbo mineral	Internal
3	Anuboga vaithiya bramma ragasiyam - VI, K.S.Kuppusamy Mudaliyar	341,342	Mathirai	Boopathi mathirai	Herbo mineral	Internal
3	Anuboga vaithiya bramma ragasiyam - VI, K.S.Kuppusamy Mudaliyar	344	Mathirai	Sithandha bairava mathirai	Herbo mineral	Internal
3	Anuboga vaithiya bramma ragasiyam - VI, K.S.Kuppusamy Mudaliyar	345	Mathirai	Vedantha bairava mathirai	Herbo mineral	Internal
3	Anuboga vaithiya bramma ragasiyam - VI, K.S.Kuppusamy Mudaliyar	345	Mathirai	Rakshasha mathirai	Herbo mineral	Internal
3	Anuboga vaithiya bramma ragasiyam - VI, K.S.Kuppusamy Mudaliyar	354	Chooranam	Samathura chooranam	Herbo mineral	Internal
3	Anuboga vaithiya bramma ragasiyam - VI, K.S.Kuppusamy Mudaliyar	355	Chooranam	Raja elathi chooranam	Poly herbal	Internal
3	Anuboga vaithiya bramma ragasiyam - VI, K.S.Kuppusamy Mudaliyar	365	Legium	Raja Marthanda legium	Poly herbal	Internal
3	Anuboga vaithiya bramma ragasiyam - VI, K.S.Kuppusamy Mudaliyar	367	Legium	Inji legium	Poly herbal	Internal
4	Uyir Kakkum Siddha Maruthuvam, S.P. Ramachandran	360	Mezhugu	Kenthi melugu	Herbo mineral	Internal
4	Uyir Kakkum Siddha Maruthuvam, S.P. Ramachandran	435	Chooranam	Kodiveli chooranam	Poly herbal	Internal
4	Uyir Kakkum Siddha Maruthuvam, S.P. Ramachandran	437,438	Nei	Kandhaga nei	Herbo mineral	Internal
4	Uyir Kakkum Siddha Maruthuvam, S.P. Ramachandran	469,470	Ennai	Megarasanga ennai	Animal, Herbomi	Internal

					neral	
4	Uyir Kakkum Siddha Maruthuvam, S.P. Ramachandran	490	Chenduram	Pancha loga chendhuram	Herbo mineral	Internal
4	Uyir Kakkum Siddha Maruthuvam, S.P. Ramachandran	491,492	Chenduram	Karuvanga chenduram	Herbo mineral	Internal
4	Uyir Kakkum Siddha Maruthuvam, S.P. Ramachandran	495	Chenduram	Kalamega narayana chenduram	Herbo mineral	Internal
4	Uyir Kakkum Siddha Maruthuvam, S.P. Ramachandran	497,499	Chenduram	Rasa chenduram	Herbo mineral	Internal
4	Uyir Kakkum Siddha Maruthuvam, S.P. Ramachandran	500	Chenduram	Linga chenduram	Herbo mineral	Internal
4	Uyir Kakkum Siddha Maruthuvam, S.P. Ramachandran	504	Parpam	Thurusu parpam	Herbo mineral	Internal
4	Uyir Kakkum Siddha Maruthuvam, S.P. Ramachandran	520,521	Mezhugu	Thengai Mezhugu	Poly herbal	Internal
4	Uyir Kakkum Siddha Maruthuvam, S.P. Ramachandran	542	Thylam	Kurunthotti thylam	Poly herbal	External
5	Anubava Vaithiya Deva Ragasiyam, J.Seetharam Prasath	412	Rasam	Vatha rakshasha rasam	Herbo mineral	Internal
5	Anubava Vaithiya Deva Ragasiyam, J.Seetharam Prasath	412	Rasam	Vathathi rasam	Herbo mineral	Internal
5	Anubava Vaithiya Deva Ragasiyam, J.Seetharam Prasath	413	Rasam	Vyathikaja kesari rasam	Herbo mineral	Internal
5	Anubava Vaithiya Deva Ragasiyam, J.Seetharam Prasath	428,429	Thylam	Sathavari narayana thylam	Herbo mineral	Internal
5	Anubava Vaithiya Deva Ragasiyam, J.Seetharam Prasath	430	Thylam	Mahabalathi thylam	Poly herbal	Internal
5	Anubava Vaithiya Deva Ragasiyam, J.Seetharam Prasath	429,430	Thylam	Prasarini thylam	Poly herbal	External
5	Anubava Vaithiya Deva Ragasiyam, J.Seetharam Prasath	433	Thylam	Arkathi thylam	Poly herbal	External
5	Anubava Vaithiya Deva Ragasiyam, J.Seetharam Prasath	438	Thylam	Vatha kesari thylam	herboanimal	External
5	Anubava Vaithiya Deva Ragasiyam, J.Seetharam Prasath	438	Thylam	Vatha hara thylam	Poly herbal	External
5	Anubava Vaithiya Deva Ragasiyam, J.Seetharam Prasath	439	Thylam	Samirathi thylam	Poly herbal	Internal
6	Athma Rakshamirtham Ennum Vaithiya Sara Sangiragam, Kandasamy Mudaliyar	305	Mezhugu	Kenthi melugu	Herbo mineral	Internal
6	Athma Rakshamirtham Ennum Vaithiya Sara Sangiragam, Kandasamy Mudaliyar	312-314	Thylam	Vathathirkku thylam	Poly herbal	External
6	Athma Rakshamirtham Ennum Vaithiya Sara Sangiragam, Kandasamy Mudaliyar	438	Rasayanam	Gendhaga rasayanam	Herbo mineral	internal
6	Athma Rakshamirtham Ennum Vaithiya Sara Sangiragam, Kandasamy Mudaliyar	445	Legium	Chukku legium	Poly herbal	internal
6	Athma Rakshamirtham Ennum Vaithiya Sara Sangiragam, Kandasamy Mudaliyar	471	Ennai	Megarasanga ennai	Herbal, Mineral, Animal, Metal	internal
6	Athma Rakshamirtham Ennum Vaithiya	491,492	Chenduram	Panchaloga	Herbo	internal

	Sara Sangiragam, Kandasamy Mudaliyar			chenduram	mineral	
6	Athma Rakshamirtham Ennum Vaithiya Sara Sangiragam, Kandasamy Mudaliyar	493,494	Chenduram	Karuvanga chenduram	Mineral	internal
6	Athma Rakshamirtham Ennum Vaithiya Sara Sangiragam, Kandasamy Mudaliyar	496,497	Chenduram	Kalamega narayana chenduram	Herbo mineral	internal
6	Athma Rakshamirtham Ennum Vaithiya Sara Sangiragam, Kandasamy Mudaliyar	499,500	Chenduram	Rasa chenduram	Mineral	internal
6	Athma Rakshamirtham Ennum Vaithiya Sara Sangiragam, Kandasamy Mudaliyar	501	Mathirai	Sakshasharaagni kumaran	Herbo mineral	internal
6	Athma Rakshamirtham Ennum Vaithiya Sara Sangiragam, Kandasamy Mudaliyar	503	Chenduram	Linga chenduram	Herbo mineral	internal
6	Athma Rakshamirtham Ennum Vaithiya Sara Sangiragam, Kandasamy Mudaliyar	502	Chenduram	pancha pasana chenduram	Herbo mineral	internal
6	Athma Rakshamirtham Ennum Vaithiya Sara Sangiragam, Kandasamy Mudaliyar	506	Parpam	Thurusu parpam	Herbo mineral	internal
6	Athma Rakshamirtham Ennum Vaithiya Sara Sangiragam, Kandasamy Mudaliyar	535	Thylam	Kurunthotti thylam	Herbal	External
6	Athma Rakshamirtham Ennum Vaithiya Sara Sangiragam, Kandasamy Mudaliyar	535	Thylam	Poopudakarmeg a thylam	Poly herbal	External
7	Kaikanda Anuboga Vaithiya Perumkural, S.P.Ramachandran	115	Thylam	Paarisavayuvukku thylam	Single Herbal	Internal
7	Kaikanda Anuboga Vaithiya Perumkural, S.P.Ramachandran	213	Chooranam	Pathiriver chooranam	Single Herbal	Internal
7	Kaikanda Anuboga Vaithiya Perumkural, S.P.Ramachandran	208	Mezhugu	Rasa mezhugu	Herbo mineral	Internal
7	Kaikanda Anuboga Vaithiya Perumkural, S.P.Ramachandran	208	Mezhugu	Rasagenthi mezhugu	Herbo mineral	Internal
8	Vaithiya Sathiram ennum Anubava Vaithiya Muraigal, Pulavar Thirumathi Sa thilagam B.Lit	7	Parpam	Sathilinga parpam	Herbo mineral	Internal
8	Vaithiya Sathiram ennum Anubava Vaithiya Muraigal, Pulavar Thirumathi Sa thilagam B.Lit	5	Parpam	Thanga parpam	Herbo mineral	Internal
9	Ennai vagadam, Dr. Sa. Arangarasan, B.S.M	100	Thylam	Veppaennai thylam	Herbo mineral	Internal & External
9	Ennai vagadam, Dr. Sa. Arangarasan, B.S.M	47,48	Ennai	Nochi ennai	Herbo mineral	Internal
9	Ennai vagadam, Dr. Sa. Arangarasan, B.S.M	45,46	Thylam	Sudar thylam	Mineral	Internal & External
9	Ennai vagadam, Dr. Sa. Arangarasan, B.S.M	1	Ennai	Vatham Enbathum Poga Ennai	Herbo mineral	Internal & External
10	Pulipani munivar vaithiyam 500,	74-76	Pathangam	Kumattikai	Poly	Internal

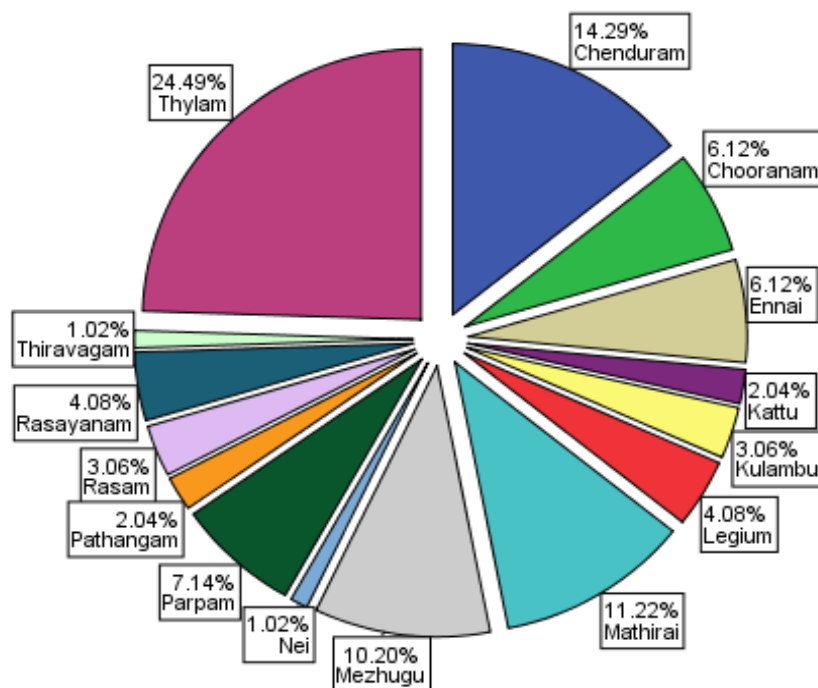
	R.K.Mohan			pathangam	herbal	
10	Pulipani munivar vaithiyam 500, R.K.Mohan	94-96	Rasayanam	Gendhaga rasayanam	Herbo mineral	Internal
10	Pulipani munivar vaithiyam 500, R.K.Mohan	121-123	Thylam	Anjennai thylam	Poly herbal	Internal & External
10	Pulipani munivar vaithiyam 500, R.K.Mohan	123-125	Thylam	Vishamutti thylam	herboanimal	External
10	Pulipani munivar vaithiyam 500, R.K.Mohan	132-135	Mezhugu	Anda Mezhugu	herboanimal	Internal
10	Pulipani munivar vaithiyam 500, R.K.Mohan	134,135	Mezhugu	Namanasa mezhugu	Herbo mineral	Internal
11	Bramma muni vaithiya soothiram 390, Dr. K. Maruthua muthu	42-48	Kulambu	Sanda marutha kulambu	Herbo mineral	Internal
11	Bramma muni vaithiya soothiram 390, Dr. K. Maruthua muthu	48-52	Thylam	Ainthennai Thylam	Poly herbal	Internal
11	Bramma muni vaithiya soothiram 390, Dr. K. Maruthua muthu	73-75	Thylam	Kumattikai thylam	Herbo animal	Internal
12	Bramma muni maruthuva vilakkam, M.C. Subramanian	32,33	Rasayanam	Chenkottai rasayanam	Poly herbal	Internal
12	Bramma muni maruthuva vilakkam, M.C. Subramanian	36	Rasayanam	Parangipattai rasayanam	Poly herbal	Internal
12	Bramma muni maruthuva vilakkam, M.C. Subramanian	41	Chenduram	Panchapadana chenduram	Herbo mineral	Internal
12	Bramma muni maruthuva vilakkam, M.C. Subramanian	42,43	Mathirai	Kodasori kuligai	Herbo mineral	Internal
12	Bramma muni maruthuva vilakkam, M.C. Subramanian	45	Kattu	Sarvaboopathi	Herbo mineral	Internal
12	Bramma muni maruthuva vilakkam, M.C. Subramanian	46	Thylam	Ainthennai	Poly herbal	Internal
12	Bramma muni maruthuva vilakkam, M.C. Subramanian	75,76	Thiravagam	Sarvamarana thiravagam	Herbo mineral	Internal
13	Dhanvanthiri sutchuma vaithiyam 200 S.P.Ramachandran	21-23	Ennai	Vatha ranjanga ennai	Poly herbal	Internal
13	Dhanvanthiri sutchuma vaithiyam 200 S.P.Ramachandran	32,33	Chooranam	Sagalavadha chooranam	Herbo mineral	Internal
14	Dhanvanthiri Vaithiyam 1000, R.C. Mohan	50,51	Kattu	Pashana kattu	Mineral, animal	Internal
14	Dhanvanthiri Vaithiyam 1000, R.C. Mohan	73,74	Mathirai	Sugantha mathu	Herbo mineral	Internal
14	Dhanvanthiri Vaithiyam 1000, R.C. Mohan	128,129	Parpam	Arithara parpam	Animal, Mineral	Internal
14	Dhanvanthiri Vaithiyam 1000, R.C. Mohan	130	Parpam	Nochi veera parpam	Mineral	Internal
14	Dhanvanthiri Vaithiyam 1000, R.C. Mohan	133	Parpam	Uppu parpam	Herbo mineral	Internal
14	Dhanvanthiri Vaithiyam 1000, R.C. Mohan	135	Ennai	Pei thumattikai ennai	Poly herbal	Internal
15	Bramma Muni Karukadai Soothiram 380, R.C.Mohan	55-57	Pathangam	Komattikai pathangam	Poly herbal	Internal
16	Siddha Vaithiya Thirattu, Dr. K. Kuppusamy Mudaliyar, Dr.K.S.Uthamarayan	191	Mezhugu	Navauppu mezhugu	Herbo mineral	Internal
16	Siddha Vaithiya Thirattu, Dr. K. Kuppusamy Mudaliyar,	194-196	Mezhugu	Panchasootha mezhugu	Herbo mineral	Internal



	Dr.K.S.Uthamarayan					
16	Siddha Vaithiya Thirattu, Dr. K. Kuppusamy Mudaliyar, Dr.K.S.Uthamarayan	201-210	Kulambu	Kowshikar kulambu	Herbo mineral	Internal
16	Siddha Vaithiya Thirattu, Dr. K. Kuppusamy Mudaliyar, Dr.K.S.Uthamarayan	225-227	Chooranam	Thalisathi chooranam	Poly herbal	Internal
16	Siddha Vaithiya Thirattu, Dr. K. Kuppusamy Mudaliyar, Dr.K.S.Uthamarayan	285-287	Thylam	Meganatha thylam	Poly herbal	Internal
16	Siddha Vaithiya Thirattu, Dr. K. Kuppusamy Mudaliyar, Dr.K.S.Uthamarayan	289-290	Thylam	Vatha kesari thylam	Poly herbal	External
16	Siddha Vaithiya Thirattu, Dr. K. Kuppusamy Mudaliyar, Dr.K.S.Uthamarayan	291	Thylam	Vatha nasi thylam	Poly herbal	Internal

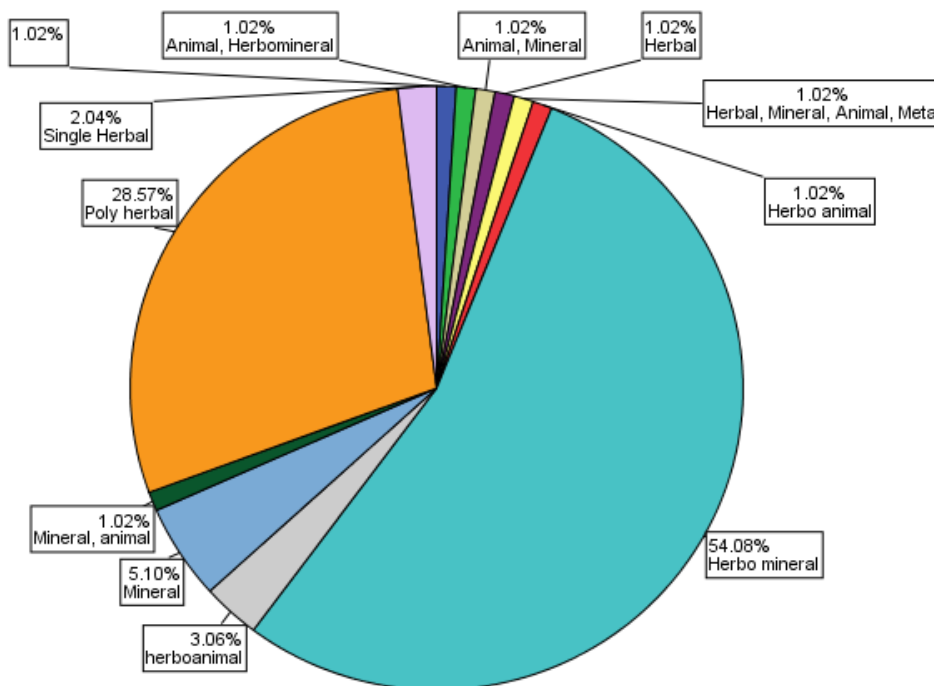
## RESULTS

### Form of medicine



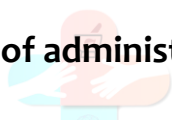
24.49% of thylam form of medicines are most available for pakkavadham.

### Type of ingredients

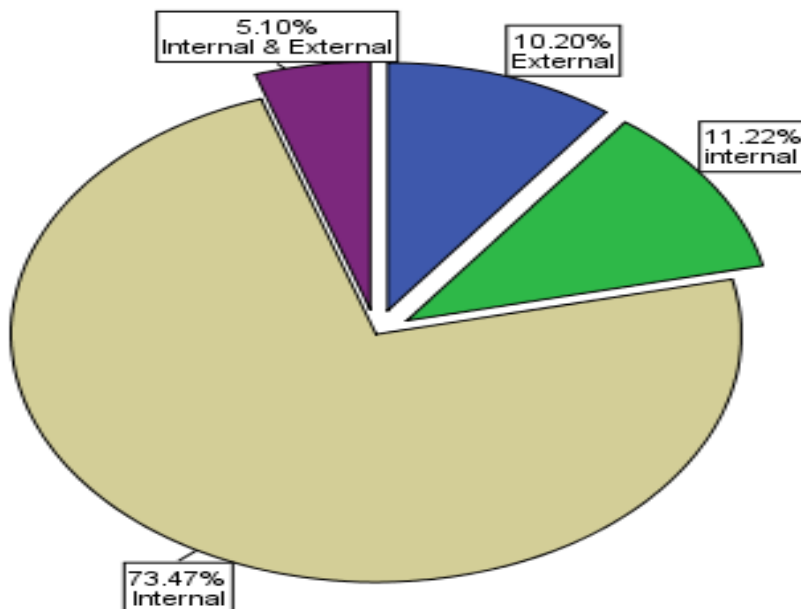


54.08% of herbo mineral medicines are most available for pakkavadham.

### Mode of administration



#### mode of administration



84.69% of internal medicines are highly available for pakkavadham.



## CONCLUSION

The siddha system of medicine is imperative role to cure the hemiplegia it can be treated internal and external therapies. According to the study various classical preparation in different methods were mention siddha liteatures and siddha text books. Now a days the above medicines are scientifically proven. This will be beneficial role to siddha physicians to early diagnosis and preventive aspect of the diseases. Prolonged uses of siddha medicines they are not produced any side effects observed. This study is useful for further literacy and clinical studies are necessitate in future.

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